Holy Spirit of the living God I thank you that by faith I know that you are alive in me. I thank you that you have made my body your home, that you even call it your temple. I offer myself to you for this new day, your purposes and your guidance, and hold nothing back. Make me a channel of your love and healing, your power and blessing for each person that I will meet today. Work all these things, O Holy Spirit, so that our loving Father in Heaven is glorified today and Christ is made known. Amen.