



THE WELLBEING JOURNEY continues today. We are approaching wellbeing in a holistic way, covering the themes of mindset, our physical, emotional, spiritual, relational, financial and vocational wellbeing. This journey is part of our online services on Sundays (10.30am-11.15am) and our telephone service, with further options to apply the lessons on your own or in a group. You can catch up on all the service on Youtube - find the link below. Sign up to get updates and helpful materials for your journey by going onto our website:
www.denhamparish.church/events



We are beginning to plan our first 'onsite' events as we slowly emerge from lockdown:

Easter Sunday, 4 April

On Easter Sunday we are re-starting the 9.30am service at St Mary's (provided government rules do not change). Please sign up on our website or by calling our church office as before. Online services will continue.

New date for APCM: Sun 23 May

This delay will hopefully allow more people to attend. We are planning to hold our APCM at St Mary's and on Zoom.

SUNDAY WORSHIP: ON SITE

St Mary's Church:

During the renewed lockdown there will be no services at St Mary's Church.

Online: Sundays 10.30am

Stream any time afterwards:

tinyurl.com/youtube-denham



ONLINE AND ON THE PHONE

Church Coffee Online:

Sundays, 11.15 on our Youtube channel. or on Zoom.

Telephone: Available any time for a week, Sun to Sat: **01895 714013**



Let's pray together ...

- pray God would deepen our trust in him during this time of Lent.
- For medical experts, politicians and public leaders – for wisdom, compassion and integrity.
- those who are sick and those suffering from bereavement.
- for teachers, parents and pupils as school open again.

email: office@denhamparish.church

phone: 01895 832771

ONLINE DONATIONS



If you wish to make a donation to Denham Parish Church, please scan this code with the camera or QR app on your smartphone and follow instructions.



PAROUSIA

Weekly News and Service Sheet

14th March 2021

The Fourth Sunday of Lent

Mothering Sunday

Welcome! To protect one another and help fight the COVID pandemic we are not restarting services at St Mary's Church for the time being. But the life of our church is not being put on hold and God remains active in his world! This news and service sheet provides you with a simple service so you can worship at home. Please contact our church office if we can help in any way. *Christoph Lindner*

Relational Wellbeing

You might wonder what today's bible passage has to do with relational wellbeing!

All the reports we have about Jesus's life reflects his amazing relational approach. He does not dissect human lives into different zones, neatly separated. Of course, both these stories are about physical healing, but Jesus does them in a very relational way and these two stories underline this.

Yes, there is of course another good reason why this passage is so fitting for today's Mothering Sunday. The two recipients of Jesus' healing are female! Today we thank God for our mothers and all those women who have or had a very significant influence on our lives. We thank God for the good memories we have.

We don't know a lot about the woman in the passage. Was she ever a mum? Did her long period of suffering mean that she was never able to have her own children? We do know that she spent all her money on trying to get better. We can speculate about a few things. Her condition made her an outsider, someone who was classified as "unclean" and her touching Jesus would mean in Jewish culture that she made Jesus unclean and therefore causing trouble for him. She was very brave in owning up to what she did! No doubt she didn't expect a favourable response. Surprisingly, Jesus rewards her faith and restores her back into society.

Her healing must have been a very unwelcome "disruption" for Jairus and his family, as it happened when Jesus was on the way to his daughter...and they thought that time was running out! But Jesus resurrects the girl in the presence of her parents and his close friends. No doubt, the relational wellbeing of that family was restored.

- Thank God for the relationships that are healthy in your life and continue to invest in them.
- Invest in your relationship with God. Spend a short daily time in prayer and bible reading and see what Jesus the healer is doing in your life.
- Pray to God for the relationships in your life that are broken and where you are hurting; don't ask God to change the other person, ask him to change your heart, your perspective and for you to receive wisdom in how to conduct yourself in the relationship to that person.

Edda Lindner

STAY SAFE • STAY CONNECTED • STAY HOPEFUL

WELCOME

OPENING PRAYER

Lord Jesus, you made the way for us to come and worship the Father. As we see your sacrifice, lead us in the way of the wilderness, the way of the cross, the way that leads to eternal life. **Amen.**

HYMN

Now thank we all our God
with hearts and hands and voices
Who wondrous things has done
in whom His world rejoices
Who from our mother's arms has
blessed us on our way
With countless gifts of love
and still is ours today.

All praise and thanks to God
the Father now be given,
the Son and him who reigns
with them in highest heaven,
the one eternal God,
whom earth and heav'n adore;
for thus it was, is now,
and shall be evermore.

CONFESSION

Your love gives us life from the moment
of conception. We fail to live as your
children. Lord, have mercy.
Lord, have mercy.

You call us to do good. We seek our own
good. Christ, have mercy.
Christ have mercy.

You hear us when we cry for help. We
ignore the cries of others.
Lord, have mercy.
Lord, have mercy.

May the Father of all mercies cleanse
you from your sins, and restore you in

his image to the praise and glory of his
name, through Jesus Christ our Lord.

COLLECT

God of love, passionate and strong,
tender and careful:
watch over us and hold us all the days of our
life; through Jesus Christ our Lord.

HYMN

Fathers and Mothers, sisters and brothers,
all those who love us, from whom we care:
help and befriend them,
keep and defend them,
Jesus our Saviour, this is our prayer.

Sisters and brothers, fathers and mothers,
we who together offer our praise:
hear our thanksgiving, God ever living,
may we walk with you all of our days.

BIBLE READING: Mark 5:21 - 43

When Jesus had crossed again in the boat to
the other side, a great crowd gathered
round him; and he was by the lake. Then one
of the leaders of the synagogue named
Jairus came and, when he saw him, fell at his
feet and begged him repeatedly, 'My little
daughter is at the point of death. Come and
lay your hands on her, so that she may be
made well, and live.' So he went with him.

And a large crowd followed him and pressed
in on him. Now there was a woman who had
been suffering from haemorrhages for
twelve years. She had endured much under
many physicians, and had spent all that she
had; and she was no better, but rather grew
worse. She had heard about Jesus, and came
up behind him in the crowd and touched his
cloak, for she said, 'If I but touch his clothes,
I will be made well.' Immediately her
haemorrhage stopped; and she felt in her
body that she was healed of her disease.
Immediately aware that power had gone
forth from him, Jesus turned about in the
crowd and said, 'Who touched my clothes?'
And his disciples said to him, 'You see the

crowd pressing in on you; how can you
say, "Who touched me?" ' He looked all
round to see who had done it. But the
woman, knowing what had happened to
her, came in fear and trembling, fell down
before him, and told him the whole truth.
He said to her, 'Daughter, your faith has
made you well; go in peace, and be
healed of your disease.'

While he was still speaking, some people
came from the leader's house to say,
'Your daughter is dead. Why trouble the
teacher any further?' But overhearing
what they said, Jesus said to the leader
of the synagogue, 'Do not fear, only
believe.' He allowed no one to follow him
except Peter, James, and John, the
brother of James. When they came to
the house of the leader of the synagogue,
he saw a commotion, people weeping
and wailing loudly. When he had
entered, he said to them, 'Why do you
make a commotion and weep? The child
is not dead but sleeping.' And they
laughed at him. Then he put them all
outside, and took the child's father and
mother and those who were with him,
and went in where the child was. He took
her by the hand and said to her, 'Talitha
cum', which means, 'Little girl, get up!'
And immediately the girl got up and
began to walk about (she was twelve
years of age). At this they were overcome
with amazement. He strictly ordered
them that no one should know this, and
told them to give her something to eat.

This is the word of the Lord.
Thanks be to God.

REFLECTION (or read page 1)

PRAYERS

God of love and kindness, you taught
us to love our neighbour, and to care
for those in need as if we were caring

for you. In this time of anxiety, give us
strength to comfort the fearful, to tend
the sick, and to assure the isolated of
our love, and your love; God of love,
hear our prayer.

We pray for those who are facing war,
conflict and displacements, as well as
the challenges of Covid-19, and we
place all your precious children into
your hands. God of love,
hear our prayer.

We pray the Lord's Prayer:
Our Father...

HYMN

Tell out my soul
the greatness of the Lord
Unnumbered blessings
give my spirit voice
Tender to me
the promise of His word
In God my Saviour
shall my heart rejoice.

Tell out, my soul,
The glories of his word:
firm in his promise,
and his mercy sure.
Tell out, my soul
the greatness of the Lord
to children's children
and for evermore.

THE BLESSING

The God of hope fill you with all joy and
peace in believing; and the blessing of
God almighty, the Father, the Son, and
the Holy Spirit, be among us and remain
with us always. **Amen.**