



Service Sheet

25th September 2022, 10.30am, St Mary's
The Fifteenth Sunday after Trinity
Select and Limit Media

Welcome to St Mary's Church! We are so glad you are here – whether you are in the church building or watching online. If you are here for the first time or visiting, please say hello (in the chat feature online, or to the service leader or a member of the welcome team in church). You can find out more about our church on our website (www.denhamparish.church) or Facebook page (facebook.com/denhamparish.church).

WELCOME

HYMN

Christ is made the sure foundation,
Christ the head and cornerstone,
Chosen of the Lord, and precious,
Binding all the Church in one,
Holy Zion's help for ever,
And her confidence alone.

To this temple, where we gather,
come, O Lord of Hosts, today;
with thy wonted loving-kindness,
hear thy servants as they pray,
and thy fullest benediction
shed within its walls away.

Here vouchsafe to all thy servants
what they ask of thee to gain,
what they gain from thee for ever
with the blessed to retain,
and hereafter in thy glory
evermore with thee to reign.

Praise and honour to the Father
Praise and honour to the Son
Praise and honour to the Spirit
Ever Three and ever One
Consubstantial, co-eternal,
while unending ages run.

SUMMARY OF THE LAW

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.
Amen. Lord, have mercy.

CONFESSION

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you
with our whole heart.
We have not loved our neighbours
as ourselves.
In your mercy forgive what we have
been, help us to amend what we
are, and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

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phone: 01895

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

COLLECT

Lord God, defend your Church from all false teaching and give to your people knowledge of your truth, that we may enjoy eternal life in Jesus Christ our Lord. **Amen**

SONG

*Be strong and courageous
Do not be afraid
Don't be discouraged
For the Lord your God will be with you
Oh be strong and courageous
Do not be afraid
Don't be discouraged
For the Lord your God will be with you
Wherever you go
Wherever you go*

When troubles come
The Lord your God is with you
He will always be there by your side
He is strong when you feel small
and frightened
You will never, ever be alone

ANNOUNCEMENTS

FIRST READING: Philippians. 4. 4-9

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

This is the Word of the Lord.
Thanks be to God.

GOSPEL READING: John 1. 1-5, 14

Hear the Gospel of our Lord Jesus Christ according to John.

All: Glory to you, O Lord

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it. And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth.

This is the Gospel of the Lord.
All: Praise to you, O Christ

SERMON

THE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light,

true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS

Merciful Father, accept these prayers for the sake of your Son, our Saviour, Jesus Christ. **Amen.**

THE PEACE

Jesus said: 'Love one another. As I have loved you, so you are to love one another.' The peace of the Lord be always with you.
And also with you.

HYMN

May the mind of Christ my Saviour
Live in me from day to day,
By His love and pow'r controlling
All I do and say.

May the word of God dwell richly
In my heart from hour to hour,
So that I may triumph only
In his saving pow'r.

May the peace of God my Father
Rule my life in ev'rything
That I may be calm to comfort
Sick and sorrowing

May the love of Jesus fill me,
As the waters fill the sea;
Him exalting, self abasing,
This is victory.

May I run the race before me,
Strong and brave to face the foe,
Looking only unto Jesus,
As I onward go.

OFFERTORY PRAYER

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.
All things come from you, and of your own do we give you.

THE EUCHARISTIC PRAYER

The Lord is here.
All: His Spirit is with us.
Lift up your hearts.
All: We lift them to the Lord.
Let us give thanks to the Lord our God.
All: It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all

things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord. Great is the mystery of faith:

**All: Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All: Amen.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

GIVING OF COMMUNION

Please follow the directions of our sidesteam. There is no one-way system anymore. Please return to your seat through the middle aisle.

We now take communion in both bread and wine again. Please feel under no compulsion to receive the wine, though.

If you'd like to receive a blessing, please keep your hands at your sides as you come forward.

If you'd like to receive Holy Communion seated in the pew, please let a member of our sidesteam know.

POST-COMMUNION PRAYER

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

HYMN

Love divine, all loves excelling,
Joy of heav'n, to earth come down
Fix in us Thy humble dwelling,
All Thy faithful mercies crown.
Jesu, thou art all compassion,
Pure unbounded love Thou art;
Visit us with Thy salvation,
Enter ev'ry trembling heart.

Breathe, O breathe thy loving Spirit
Into ev'ry troubled breast;
Let us all in Thee inherit,
Let us find Thy promised rest.
Take away the love of sinning,
Alpha and Omega be;
End of faith, as its beginning,
Set our hearts at liberty.

Come, Almighty to deliver,
Let us all Thy grace receive:
Suddenly return, and never,
Never more Thy temples leave.
Thee we would be always blessing,
Serve Thee as Thy hosts above:
Pray, and praise Thee without ceasing,
Glory in Thy perfect love.

Finish then Thy new creation,
Pure and spotless let us be:
Let us see Thy great salvation
Perfectly restored in Thee.
Changed from glory into glory,
Till in heav'n we take our place,
Till we cast our crowns before Thee,
Lost in wonder, love and praise.

THE BLESSING

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

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Planning for a fruitful retirement

A seminar looking at God's perspective of the years after full time paid work

These years can be seen as a giant gift with various wrappers, and planning for them helps the transition to be a smoother journey. If you are coming to this period in your life or recently left work, this day's seminar will help guide your thoughts, widen your perspective, and shape your vision.

29th October, 9:30–4:30

Refreshments & light lunch provided

At The Hub

Gold Hill Baptist Church, Church Lane, SL9 9RF

Cost: £15 per person

Or £25 for a couple

Booking required

Visit goldhill.org/retirement



Weekly Diary

TODAY 4pm. Forest Church. St Mary's.

Weds 28th, am - Little Lions toddler group. St Mark's. Contact eddalindner18@gmail.com

Thurs 29th 10am. Harvest Service
Denham Village Infant School.

Let's pray together ...

- For the Royal Family and all those who mourn the death of the Queen. For King Charles III. For the faith, life and work of Queen Elizabeth to bear much fruit in our nation and around the world.
- For those who are unwell, especially Cynthia Sterry.
- For those who have lost loved ones

PRAYER TRAIL: HM The Queen

We have brought back our Jubilee Prayer Trail around St Mary's Church with poignant quotes and prayers from the life of Queen Elizabeth II. It is an invitation to walk, linger and pray.

HEALTHY WEEKLY HABITS

Our new series on healthy weekly habits follows on from previous talks about daily habits. You can catch up on our Youtube channel: youtube.com/DenhamParishChurch

FOREST CHURCH

TODAY, Sunday 25 September 4pm

Engage with God inspired by his creation all around you. An outdoor service for children of all ages. We will meet behind St Mary's Vestry.

HARVEST THANKSGIVING

"Look back with thanks and look forward with joy"

A Service for All Ages

Sunday 2 October
10.30am

St Mary's Church Denham

There will be a Sunday Club with activities for children

www.denhamparish.church

Harvest Gifts for Sunday 6th October

Supermarket vouchers are a great alternative to food gifts and can bless people in need! We will deliver them to people in our parish and to foodbanks in our area.

WEEKLY HABIT 2: Select and Limit Media

The Habit at a Glance

Stories matter so much that we must handle them with the utmost care. Resisting the constant stream of addictive media with an hour limit means we are forced to curate what we watch. Curating stories means that we seek stories that uphold beauty, that teach us to love justice, and that turn us to community.

Three Ways to Start

A time audit. Keeping track of my time is amazing way to show what I care about. Track your media watching for a week and then set a realistic time limit for the next.

Make great lists. Instead of watching 'what's on' or what social media/streaming services suggest, keep a list of worthwhile programmes. Ask friends for recommendations.

Turn off auto-play. Auto play ruins the credits at the end, which give you time to reflect on what you've seen, it also tries to get you into 'binge watching'.

Be accountable. If you have a tendency to watch too much or things you know aren't good for you, delete the video apps from your mobile devices and watch programmes on TV / computer, in a part of the house where other people might pop in. You can keep a programme on your computer that shares your internet history with two friends, for added accountability.

For better or worse, we will become the stories we give our attention to. In a world of limitless streaming stories, we must set limits that force curation. The weekly habit of selecting and limiting media helps us cultivate the ability to choose stories well.

St Mary's Denham
is inviting you to a
CONCERT
with the
Churches Together Choir



Sunday 9 October 2022, 4pm
St Mary's Church Denham

*Great music from a combined choir
led by Richard Cottle*

Free Entry

FIND OUT MORE:

www.denhamparish.church/concert